

Week	Meal	Monday Easy Dinner	Tuesday - Mexican / Asian	Wednesday - Soup / crockpot	Thursday (New Recipe/Bulk)	Friday Meatless	Saturday - Open / Pizza	Sunday (BBQ)
1	BREAKFAST	cereal	bacon and scrambled eggs	juice / sweet bread	oatmeal	eggs / toast	french toast casserole	french toast casserole
	LUNCH	leftovers	leftovers	Turkey noodle soup & Bread	cheese tortillia wrap	pb & j	chicken salad w/ bowties	Cheese and Crackers
	DINNER	loosemeat beef sandwiches	burritos	Turkey noodle soup & Bread	chicken caccitorrie	pesto noodles	Lasagna	grilled pork chops
2	BREAKFAST	cereal	eggs	juice / sweet bread	oatmeal	cereal	french toast casserole	breakfast burritos
	LUNCH	leftovers	tortillia nummies	potato soup & bread	salad and noodles	cheese tortillia wrap	Turkey Sammich	cheese & crackers
	DINNER	pizza w/ crescent rolls	tacos	potato soup & bread	beef burrio	grilled tilapia pockets	pizza	cheeseburgers
3	BREAKFAST	cereal	egg sandwiches	juice / sweet bread	oatmeal	toast	banana bread	waffles
	LUNCH	leftovers	cheese tortillia wrap	hot dogs	pizza	Mac N' Cheese	pasta salad	cheese & crackers
	DINNER	crock chicken	Potstickers and Ramen	chicken in crock	spicy chicken enchilada - p102	fried egg sammiches	BBQ baked pork chops	grilled chicken drummies